

NOVEMBER 2024

Shenandoah JK-8 Lunch

Monday

Chicken Patty Sandwich

Or Ham Sub

Broccoli and Cheese

Apple or Orange

Veggie Bar

Choice of Milk

Or Fresh Turkey Sub

Peas

Applesauce or Orange

Veggie Bar

Choice of Milk

w/Biscuit Or

Chicken Bacon Ranch Wrap

Green Beans

Apple or Orange

Veggie Bar

Choice of Milk

Or Fresh Fillie Sub

California Veggies,

Peaches or Apple

Veggie Bar

Choice of Milk

Savory Chicken Sandwich

Chicken Drumstick 18

BBQ Rib Sandwich

Tuesday

Chicken Alfredo w/ Bread

Or Ham Sub

Green Beans

Applesauce or Pineapple

Chunks

Veggie Bar

Choice of Milk

Spaghetti w/meat sauce

Or Fresh Turkey Sub

Cucumbers

Strawberries or Peaches

Veggie Bar

Choice of Milk

Hardshell Tacos (2) Or 19

Ham Sub

Black Beans

Juicy Juice or Strawberries

Veggie Bar

Choice of Milk

Chicken Nuggets

Or Fresh Fillie Sub

Bell Peppers

Grapes or Applesauce

Veggie Bar

Choice of Milk

w/ Garlic Toast

Wednesday

Student Lunch-JK-4 \$2.45 5-8 \$2.65 Adult Lunch \$4.85 Extra Entrée \$1.50

Extra Milk \$0.40

Mini Corn Dogs Or Uncrustable Dinner Roll, Corn Strawberries or Peaches Veggie Bar Choice of Milk

Tenderloin Sandwich 13 Or Fresh Turkey Sub **Baked Beans** Mixed Fruit Cup or Banana Veggie Bar Choice of Milk

Cheeseburger Or Chicken Bacon Ranch Wrap French Fries Watermelon or Applesauce Veggie Bar Choice of Milk

Beef Lasagna w/ breadstick Or Ham Sub **Baked Beans** Diced Pears or Strawberries Veggie Bar Choice of Milk

Thursday



Meatball Sub Or Uncrustable Peas **Diced Pears or Peaches** Veggie Bar Choice of Milk

Grilled Cheese w/ Tomato Soup Or Fresh Turkey Sub Peaches or Applesauce Veggie Bar Choice of Milk

Turkey and Noodles 21 Or Ham Sub Mashed potatoes. Dinner Roll Green Beans Fruit Salad. Dessert Veggie Bar Choice of Milk

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Happy Thanksgiving!

Friday

Hot Ham and Cheese or Uncrustable French Fries Strawberries or Apples Veggie Bar Choice of Milk

Chicken Fajita Or Ham Sub Bell Pepper w/ Onion Mixed Fruit or Apple Veggie Bar Choice of Milk

Chili w/ Cinnamon Roll Or Fresh Turkey Sub Mixed Berries or Apple Veggie Bar Choice of Milk

Orange Chicken or Chicken Bacon Ranch Wran Fortune Cookie. Rice Pilaf Mandarin Oranges or **Applesauce** Veggie Bar Choice of Milk

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Veggie bar = (Included with 1st meal option) Tossed Salad, Broccoli, Carrots, Garbanzo Beans

